



10th December 2019

Dear Parents and Carers of Year 4

INFORMATION LETTER TO PARENTS – Sensitive Issues/Growth and Development

Personal Development, Health and Physical Education (PDHPE) is an important learning area in the school's curriculum. The school follows the Board of Studies K-6 PDHPE syllabus which aims to develop in each student:

- The skills to make informed decisions
- Movement skills and personal fitness
- Social responsibility and well-being

The PDHPE K-6 syllabus covers a wide range of topics including relationships, drug use, human sexuality, child protection, movement skill development and fitness. Some of the content in this learning area is sensitive and the school recognises this by teaching about these issues within the context of Catholic values and a developmentally appropriate K-6 PDHPE program.

This letter is to inform you that the PDHPE unit which has a focus on personal safety will be covered next week. Our school values the role that parents have in the education of their children, especially in matters relating to personal development and safety. We would encourage you to take this opportunity to talk to your child prior to the commencement of the unit and during its implementation.

The PDHPE syllabus content related to the Growth and Development Unit for Stage 2 is outlined below:

Stage 2 (Year 4)

The Body

- Systems and functions
- Appropriate/inappropriate touch
- Rates and stages of growth and development
- Heredity

Human Sexuality

- Male/female characteristics
- Changes related to puberty

Changes

- Physical body changes
- Feelings about changes
- Changing friendships and relationships

Values

- Definition of values
 - Personal values
 - School values
 - Family and cultural values
- Rights and responsibilities
 - Self
 - Others
- Uniqueness of self
 - Identity
 - Development
- Changing discrimination

If you would like to discuss this curriculum area please contact your child's class teacher. Your support for this important school program is valued and appreciated.

Yours sincerely

Year 4 Teachers